

Education

Certificate of Specialization in Periodontics and Implantology

2010

University of Texas Health Science Center San Antonio; San Antonio, TX

Masters Degree in Biomedical Sciences

2010

University of Texas Health Science Center San Antonio; San Antonio, TX

Doctor of Dental Surgery; University of California, Los Angeles; Los Angeles, CA

2007

West Los Angeles Dental Society Award for Outstanding Service in Organized Dentistry

Bachelor of Science, General Biology; University of California, San Diego; San Diego, CA.

2003

Bachelor of Science, General Biology; Minor in Art History

Licenses and Certifications

American Board of Periodontology, Diplomate

Dental Board of California, Dental License

Dental Board of California, Oral Conscious Sedation

Chao Pinhole Academy, Certified Clinician & Clinical Instructor

Voluntary Clinical Instructor; Dept. Family Medicine & Public Health, UCSD Health Sciences

Leadership & Professional Development

OMNIA, Clinical Science Representative

Present

Straumann, Key Opinion Leader & Lecturer

2013-

present

California Dental Association

Council on Membership

2016-2017

Governance Review Advisory Committee

2013-2015

Committee on the New Dentist (Chair 2015)

2012-2015

Ex-Officio Liaison, Peer Review Committee

2013

Ex-Officio Liaison, Council on Governance Affairs

2014

Guest Member, Board of Trustees

2015

Ex-Officio Liaison, Board of Managers

2015

Leadership Training Conferences

2005, 2013,

2014, 2015

San Diego County Dental Society

Task Force on Policy Development

2016-

present

Delegate for CDA House of Delegates

2014-present

Board of Directors

2013-present

Chair, Committee on Membership Retention and Recruitment

2012-2014

Committee on Communication

2013-2017

Committee on New Dentist
2010-2015

Leadership Development Committee
2013-2017

Nominating Committee
2013-present

California Society of Periodontists
Board of Directors 2015-
present

Advocacy Committee, Chair 2016-
present

Committee on Membership 2012-
present

Committee on Communication
2013-2017

Dental Implant Coordinator Association
Advisory Board 2016-
present

San Diego Academy for Systemic Health
Founding Board Member 2017-
present

American Academy of Periodontology
Student Ambassador
2009-2010

Patterson Education
Clinical Mentor, sdHYGIENE study club
2012-2015

American Student Dental Association
Speaker of the House of Delegates
2005-2006

Presiding Officer, House of Delegates
2006

Board of Trustees
2005-2006

Council on Government and Professional Issues
2005-2006

Committee on Annual Sessions
2005-2006

Alternate Delegate, House of Delegates 2004 &
2005

ASDA Class Representative; UCLA School of Dentistry
2003-2005

Coordinator; Crest Healthy Smiles 2010
2004-2005

American Dental Association
ASDA Liaison; Council on ADA Annual Session
2005-2006

Subcommittee on Strategic Planning

Periodontics Study Club; University of California, Los Angeles
2004-2007

Floyd M. Riddick Practicum; American Institute of Parliamentarians
2006

Received Dr. Thomas Soliday, ADA Speaker of the House Scholarship

Dean's Leadership Institute; University of California, Los Angeles

2006

University of California, San Diego

2001-2003

Pre dental Society

Health Professions Mentor Program

Health Professions Program

Faculty Mentor Program

Participant; Student Organizations and Leadership Opportunities

Participant; Scholarly Healthcare Peer Discussions

Awards

Top Dentist, San Diego Magazine

2016, 2017, 2018

2015,

Woman of the Year; National Association of Professional Women

2014

John F. Prichard Prize for Graduate Research; Southwest Society of Periodontists

2010

West Los Angeles Dental Society; "Outstanding Achievements in Organized Dentistry"

2007

Publications & Articles

Printed Publication, *Journal of the California Dental Association*

2018

The Pinhole Surgical Technique: A Clinical Perspective and Treatment Considerations From a Periodontist

Printed Publication, *Dental Economics*

2016

Pinhole Surgical Technique: Halting Gingival Recession in a Single Visit

Electronic Newsletter, *Breakthrough Clinical*

2016

Pinhole Surgical Technique: Impressive Clinical Results and Greater Patient Acceptance in Tissue Grafting Cases

Printed Publication, *Dental Economics*

2014

An interview with Hu Friedy

Printed Publication, SDCDS newsletter, *Facets*

2014

Membership Update

Printed Publication, CSP newsletter, *The Advocate*

2014

What CSP Membership Means to Me

Electronic Newsletter, *Surgical Restorative Resource*

2012

The Problem with Wisdom Teeth

Electronic Newsletter, *Surgical Restorative Resource*

2013-2014

Management of Implant Complications, Parts 1, 2, & 3

Electronic Newsletter, *Surgical Restorative Resource*

2012

Sensitive about Sensitivity?

Printed Publication, *Journal of Periodontology*

2010

Histomorphometric Analysis of Healing after Tooth Extraction with Ridge Preservation

Professional Memberships & Affiliations
American Academy of Periodontology
Academy of Osseointegration
American Dental Association
National Association of Professional Women
American Academy of Implant Dentistry
California Society of Periodontists
Western Society of Periodontists
California Dental Association
San Diego Society of Periodontists
San Diego County Dental Society
San Diego Academy for Systemic Health
Dental Implant Coordinator Association

Presentations

Presenter, Southern California Periodontics & Implantology Study Club
2018

Presentation Title: "Advances in Digital Dentistry"

Guest Presenter & Hands-On Clinical Instructor, Pinhole Academy
2016-2017

Presentation Title: "Pinhole Surgical Technique: Lessons Learned"

Guest Presenter, Pinhole Academy; Webinar
2016

Presenter, Orange County Dental Hygiene Society
2016

Presentation Title: "Occlusion, Oral Health, and Systemic Well-Being"

Presenter, North County Interdisciplinary Study Club
2016

Presentation Title: "Interdisciplinary Treatment Planning"

Presenter, Southern California Periodontics & Implantology Study Club
2016

Presentation Title: "Treatment Options to Reverse Gingival Recession"

Guest Presenter, Pinhole Academy
2016

Webinar: "Introduction to the Pinhole Surgical Technique"

Guest Presenter, Pinhole Academy
2016

Presentation Title: "Pinhole Surgical Technique: My First 7 Cases"

Presenter, New York Interdisciplinary Study Club
2015

Presentation Title: "Interdisciplinary Management of Complex Cases"

Presenter, UTHSCSA Graduate Periodontics
2014

Guest Speaker, Practice Management

Presenter, Orange County Invisalign Study Club
2014

Presentation Title: "Occlusion, Oral Health, & Quality of Life "

Presenter, San Diego Invisalign Study Club
2014

Presentation Title: "Occlusion, Oral Health, & Quality of Life "

Presenter, Invisalign Annual Summit
2013

Presentation Title: "Occlusion, Oral Health, & Quality of Life "
Presenter, South Bay Oral Surgery Study Club
2013

Presentation Title: "Implant Maintenance and Treatment of Implant Complications"
Presenter, sdHYGIENE Study Club
2013

Presentation Title: "Implant Maintenance and Treatment of Implant Complications"
Presenter, SCPI Study Club
2013

Presentation Title: "Benefits of Dental Implants"
Presenter, Health Dimensions Wellness Program, Community Health Group
2013

Presentation Title: "Achieving and Maintaining Oral Health"
Presenter, sdHYGIENE Study Club
2012

Presentation Title: "Gingival Recession, Current Therapies for Treatment"
Presenter, SCPI Hygiene Study Club
2012

Presentation Title: "Non-Surgical Periodontal Therapy: Benefits and Limitations"
Presenter, Citrus Valley Study Club
2012

Presentation Title: "Don't Wait, Regenerate"
Presenter, Roncone Periodontics Study Club
2010

Presentation Title: "Implant Site Development"
Presenter, Roncone Periodontics Study Club
2010

Presentation Title: "Non-Surgical Periodontal Therapy: Indications and Limitations"
Presenter, Chula Vista Periodontics Study Club
2010

Presentation Title: "Non-Surgical Periodontal Therapy: Benefits and Limitations"
Presenter, Chula Vista Periodontics Study Club
2010

Presentation Title: "Surgical Treatment Options for Optimal Implant Esthetics"
Presenter, Southwest Society of Periodontists
2010

Presentation Title: "Histomorphometric Analysis of Healing after Tooth Extraction with Ridge Preservation "
Presenter, Southwest Society of Periodontists Interinstitutional Meeting
2010

Presentation Title #1: "Successes of Periodontal Regeneration"
Presentation Title #2: "Treatment of Ailing and Failing Implants"
Presenter, Project HOPE; Laredo, TX 2008 &
2009

Presentation Title: "Introduction to Periodontics"
Presenter; University of Texas Health Science Center, San Antonio
2009

Title: "Periodontic-Restorative Interrelationships"
Presenter; University of Texas Health Science Center, San Antonio
2008

Title: "ASDA: The Value of Membership"